

# Medicaid Waivers: Accessing Services and Funding to Support Your Child



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# Accessing Services and Funding to Support Your Child



- State System of Care
- Role of Local Community Centers
- Medicaid Basics
- Waiver Programs – Eligibility & Services
- Waiver Programs – Interest Lists
- Entitlement Program – Community First Choice

# State System of Care



- Through Federal and State Laws, Texas has responsibilities for ensuring a statewide system of care for individuals with intellectual and developmental disabilities.
- The State is required to budget for the provision of these services.
  - Child/School Age requirements
  - Adult Long Term Services requirements
  - Maximizing Services with Federal Match: Medicaid Waivers, Waive Funding from Institutional Care to Community Programs

# Role of Local Community Centers



- Activities that Local Centers are authorized to perform, on the State's behalf, for individuals with Intellectual and Developmental Disabilities
  - Required by laws and rules
  - Defined in State Contract with each Center
  - Mandated to assist families to access Medicaid Waivers and other funding sources for services

# Role of Local Community Centers



- Front Door for Medicaid Waivers
  - Screening
  - Placement on Interest List for some Waiver Programs
  - Referrals to other Resources and other Waiver Programs
  - Eligibility Determination
  - Enrollment into HCS and TxHmL Programs
  - Service Coordination for HCS and TxHmL Programs

# Medicaid Basics



- Medical Health Coverage for eligible groups: pregnant, disabled, blind, aged.
- Long-Term Care for disabilities and seniors.
- Medicaid had previously covered only institutional long-term Care.
- Medicaid Waiver is flexible funding: Waived institutional rules to create community services and supports
- \$1 in Medicaid = 60% Federal/40% State
- Waiver eligibility based on person's income, not the families. Exception: TxHmL

# Waiver Programs



- STAR + PLUS Waiver
- Medically Dependent Children Program
- Community Living Assistance and Support Services
- Deaf Blind with Multiple Disabilities
- Home and Community Based Services
- Texas Home Living
  - Handout

# Waiver Programs – STAR+PLUS



- **Eligibility**
  - Age: 21+
  - Medical/Disability: Meet Medical Necessity for Nursing Facility
  - Income: Monthly limit of \$2,163
  - Resources: No more than \$2,000 in countable resources
  - Determination: Assessment by Managed Care Organization (MCO)



# Waiver Programs – STAR+PLUS



## ● Services

- Consumer Direction Available
- Service Coordination through Managed Care Organization (MCO)
- Adaptive Aids/Medical Supplies/Minor Home Modifications/Emergency Response System
- Therapies: OT, PT, Speech,
- Specialized Health: Nursing, Dental
- Personal Assistance Services
- Assisted Living (licensed, up to 6 bed), Adult Foster Care
- Respite Care (in home)
- Home Delivered Meals
- Transition Assistance Service

# Waiver Programs - MDCP



- **Eligibility**
  - Age: Under 21 years of age
  - Medical/Disability: Meet Medical Necessity for Nursing Facility
  - Income: Monthly Limit of \$2,163 (Parent income does not count for child under 18)
  - Resources: No more than \$2,000 in countable resources
  - Eligibility: Assessment by Managed Care Organization

# Waiver Programs - MDCP



- **Services**
  - Consumer Direction available
  - Service Coordination through Managed Care Organization (MCO)
  - Adaptive Aids/Minor Home Modifications
  - Employment Assistance/Supported Employment
  - Flexible Family Support – Personal Care Service (services that support independent living, participation in child care, participation in secondary education)
  - Respite
  - Transition Assistance (one time from Nursing Facility)

# Waiver Programs - CLASS



- **Eligibility**
  - Age: All Ages
  - Medical/Disability: Related Condition (A developmental disability that occurred before the age of 22, and with Moderate to Extreme Adaptive Behavior Deficits); No IQ limitation
  - Income: Monthly Limit of \$2,163
  - Resources: No more than \$2,000 in countable resources
  - Determination: Assessment by Case Management Agency contracted with the state

# Waiver Programs - CLASS



- **Services**

- Consumer Direction Available
- Case Management thru Case Management Agency
- Adaptive Aids/Medical Supplies/Minor Home Modifications
- Therapies: Audiology, OT, PT, Speech,
- Specialized Therapies: Auditory Enhancement/Integration, horseback riding, massage, recreational, music, aquatic
- Specialized Health: Nursing, Dietary, Dental, Prescription Rx
- Behavior Support Services
- Assisted Living (licensed, up to 6 bed), Residential habilitation
- Respite/Support Family Services/Continued Family Services
- Employment Assist./Supported Empl./ Habilitation/Pre-Voc

# Waiver Programs - DBMD



- **Eligibility**
  - Age: 18 years or older
  - Medical/Diagnosis: Legally deaf, blind with a third disability resulting in need for daily habilitation
  - Income: Monthly Limit of \$2,163
  - Resources: No more than \$2,000 in countable resources
  - Determination: Assessment by Provider Agency contracted with state

# Waiver Programs - DBMD



- **Services**

- Limited Consumer Directed Option available
- Adaptive Aids/Medical Supplies/Minor Home Modifications
- Therapies: Audiology, OT, PT, Speech, Hearing and Language
- Specialized Health: Audiology, Nursing, Dietary, Dental, Prescription Drugs
- Chore Provider, Orientation and Mobility, Environmental Accessibility
- Behavior Support Services
- Assisted Living (licensed, up to 6 bed), Residential habilitation
- Respite
- Employment Assistance/Supported Employment

# Waiver Programs – HCS



- Eligibility
  - Age: All ages
  - Medical/Disability: Level of Care I or Level of Care II:
    - ✦ LOC I: Intellectual disability with IQ 69 or below, or IQ 75 or below with Related Condition and mild to extreme adaptive behavior deficits
    - ✦ LOC VIII: Related Condition (includes Autism, cerebral palsy, seizure disorders, spina-bifida) and Moderate to Extreme Adaptive Behavior Deficits
  - Income: Monthly Limit of \$2,163
  - Resources: No more than \$2,000 in countable resources
  - Determination: Psychological Testing by Local Community Center, demonstrated need for habilitation



# Waiver Programs – HCS



- **Services**

- Consumer Direction Available
- Case Management through Local Community Center
- Adaptive Aids/Minor Home Modifications
- Therapies: Audiology, OT, PT, Speech,
- Specialized Health: Nursing, Dietary, Dental, Prescription Rx
- Behavior Support Services
- Residential (3 or 4 bed group home, Host Home/Companion)
- Respite
- Employment Assistance/Supported Employment
- Day Habilitation
- Transportation
- Transition Assistance Service
- Community First Choice like services: PAS/HAB

# Waiver Programs – Texas Home Living



- **Eligibility**

- Age: All ages, must live in own or family home
- Medical/Disability: Level of Care I or Level of Care II:
  - ✦ LOC I: Intellectual disability with IQ 69 or below, or IQ 75 or below with Related Condition and mild to extreme adaptive behavior deficits
  - ✦ LOC VIII: Related Condition (includes Autism, cerebral palsy, seizure disorders, spina-bifida) and Moderate to Extreme Adaptive Behavior Deficits
- Income: Monthly Limit of \$2,163 (income of parent of individual under age 18 counts)
- Resources: No more than \$2,000 in countable resources
- Determination: Psychological Testing by Local Community Center, demonstrated need for habilitation

# Waiver Programs – Texas Home Living



- **Services**

- CDS Available
- Case Management through Local Community Center
- Annual Cap: \$17,000 (CFC is not part of the CAP)
- Adaptive Aids/Minor Home Modifications
- Therapies: Audiology, OT, PT, Speech,
- Specialized Health: Nursing, Dietary, Dental, Prescription Rx
- Behavior Support Services
- Respite
- Employment Assistance/Supported Employment
- Day Habilitation
- Transportation
- Community First Choice like services: PAS/HAB

# Waiver Programs: Interest Lists



- **There are Interest Lists for all Waiver Programs**
  - Legislature budgets for number of people to be offered enrollment from the Interest List each biennium
  - HCS and TxHmL: Texana Center, 281-239-1363
  - HCS and TxHmL: The Harris Center, 713-970-7000
  - All other Waivers: HHSC, 1-844-438-5658
- **There are no Interest Lists for Entitlement Programs**

# Waiver Programs: Interest Lists



- HCS – 81,009
- TxHmL – 59,918
- CLASS – 57,228
- MDCP – 19,317
- DBMD – 172
- STAR PLUS – 17,738
- Unduplicated – 129,110
  - Current Statewide Numbers Effective 10/5/16

# Entitlement Program: Community First Choice



- **Eligibility**
  - Age: All ages
  - Medical/Disability:
    - ✦ Must meet Medical Necessity OR
    - ✦ Level of Care I or Level of Care VIII
      - LOC I: IQ: 69 or below, or 75 or below with Related Condition and mild to extreme adaptive behavior deficits
      - LOC VIII: Related Condition, Moderate to Extreme Adaptive Behavior Deficits
  - Income: Monthly limit of \$2,163
  - Resources: No more than \$2,000 in countable resources
  - Determination: Assessment by Managed Care Organization (MCO) for Medical Necessity OR Assessment by Local Center for LOC I or LOC VIII

# Entitlement Program: Community First Choice



- **Services**

- Personal assistance services: Assistance with Activities of Daily Living/Instrumental Activities of Daily Living
- Habilitation services: Training and support to acquire, maintain, or enhance skills to accomplish ADLs/IADLs or health related tasks
- Emergency response services
- Support management: Voluntary training on how to select, manage and dismiss attendants

# Resources/Contacts



- Texas Health and Human Services Commission
  - [www.hhsc.state.tx.us](http://www.hhsc.state.tx.us)
- Texana Center
  - Sheri Talbot, Director of Authority Services
  - [Sheri.talbot@texanacenter.com](mailto:Sheri.talbot@texanacenter.com)
  - 281-239-1386
- Texana Center – Community First Choice
  - Maribel Burgos, CFC Supervisor
  - [Maribel.burgos@texanacenter.com](mailto:Maribel.burgos@texanacenter.com)
  - 281-238-1871
- Texana Center – Transition
  - Tim Jones, Transition Coordinator
  - [Tim.jones@texanacenter.com](mailto:Tim.jones@texanacenter.com)
  - 281-239-1387