



## **Transition Services Summer Program 2018**

**Dates:** Tuesday, June 5<sup>th</sup>-Thursday, July 12<sup>th</sup>

NO Summer Program week of July 4<sup>th</sup> from Monday, July 2<sup>nd</sup>-Thursday, July 5<sup>th</sup>

**Hours:** Monday-Thursday 8:30am-3:30pm

**Theme:** Beyond the Horizon

**Cost:** \$2980 for all 5 weeks (current non-residential learners)

\$3440 for all 5 weeks (new learners)

The Monarch School and Institute Transition Services (TS) Summer Program will be offering a fun-filled opportunity for young adults to get practice in the four core goal areas. The TS Summer Program is open young adults 18 and up to both current and non-Monarch students. Each week will focus on a different theme for adult living in order to help them achieve greater independence. The theme for the summer is "Beyond the Horizon" as we help learners learn and engage in skills that will help them in the future. The learners will engage in seminars to learn more about each area, welcoming guest speakers and exploring out in the community to see things in action and make a connection to their learning. During the lunch hour, the learners will have a chance to engage with learners from the other programs and will have a choice of activities including Community Service, Sports or Theater. The learners will also spend time throughout the summer in Life Academy working on their hands on employability skills that will relate back to the theme of the summer. The themes and topics for the summer program are:

### **Week 1: Health and Wellness (Self-Awareness/Self-Regulation)**

- Nutrition
- Physical Fitness
- Exploring Health

### **Week 2: Team Building and Social Practice (Relationship Development)**

- Team Building Activities
- Social planning/outings
- Community building

### **Week 3: Residential Readiness (Executive Functioning)**

- Budgeting
- Daily living skills
- Transportation Practice

### **Week 4: Career Exploration (Academic/Professional Competence)**

- Job search skills
- Vocational Training Opportunities
- Dressing for Success
- Mock Interviews

### **Week 5: Leisure and Community Service (Culmination of 4 Core Goals)**

- Activities will be planned by the learners throughout the 4 weeks